

Sample CPD Cycle: Community Practice



APPEL has developed sample CPD cycles, based on some feedback that pharmacists shared regarding their experiences of supervising students. These cycles are intended to illustrate how pharmacists can incorporate their own experiences of supervising students into their own professional learning journeys.

Is comhcheangal é APPEL idir Scoileanna Cógaisíochta UCC, RCSI agus TCD APPEL is an affiliation between the schools of Pharmacy of UCC, RCSI and TCD







Trinity College Dublin Coláiste na Tríonóide, Baile Átha Cliath The University of Dublin

Self-Appraisal:

An area of your practice you have identified to develop. What it is you would like to learn/develop. How you identified this through your own practice.

Our Head Office asked if we could take a second-year pharmacy student in our branch for one of these new placements that pharmacy students are doing. My supervising pharmacist, Mary, asked me to look after the student, as he will be here every Tuesday afternoon, and this is one of my normal working days. I haven't supervised a student pharmacist before. I would like to find out more about the new pharmacy course. I need to get some advice from colleagues who have experience training student pharmacists.



Develop Personal Plan:

What you need to improve your knowledge / competence in this area. What steps you will take. What resources or help you will need. How much time it will take etc.

- \rightarrow Talk to other pharmacists who have supervised students before
- \rightarrow Find out about the new pharmacy course
- → Find out what training is available, if any
- \rightarrow Check the APPEL website
- → The student will be here one afternoon a week for 12 weeks -try to make a plan for the 12 weeks.

Action:

What action you actually took to address the area you identified for development. Anything you did additionally / differently to what you had planned?

I spoke with Mary. She had supervised pharmacy interns before but was not familiar with the new course. However, she advised me to have relevant SOPs ready for the student to read during their first day and to let the other staff know when the student would be coming.

I had an invitation from APPEL to attend an information event, but I couldn't attend as I was working late. Instead, I watched the online video of the information event. I read the Supervisors Handbook. Both the video and my handbook put my mind at ease. I read about the new 5-year integrated programme on the APPEL website and in the Supervisor's Handbook.

I outlined a plan for the twelve weeks of possible activities for the student. The student phoned ahead of his placement and then came in to introduce himself. When he came, he told me he had worked in a pharmacy before. He also had a college workbook to complete on placement. This changed my approach to the plan I had drawn up, so I agreed with my student that we would sit down together during his first week and make a new plan around his workbook activities, taking into account that he already had some experience in a pharmacy before.



Document Your Learning:

Write about: What you have learned. Any new knowledge or skills you have attained. Any additional or future actions that arose through the process.

Having the student here each week asking questions was a really good opportunity for me to refresh my knowledge in lots of different clinical areas. As the student was learning different topics at college while he was here, he was able to tell me about updates in therapy. This led me to carry out more CPD cycles about immunology and new medicines that are available.



Advising the student about OTC counselling was very beneficial to all staff as it gave us all a chance to refresh our knowledge in this area.

I am now aware of the new course structure for pharmacy and know that not only will students be on placement in year 2, but also in year 4 and year 5. I have also learned a little bit about experiential learning.

Evaluate Impact on Practice:

What have you discovered or learned about yourself or your practice through the process. The impact of your actions on your current or future practice. Anything you have learned about yourself in relation to CPD.

I have enjoyed the experience of supervising a student and can see how the team benefited from having the student here. I would like to supervise a student again and would delegate some of the training to other staff members from the very start as everyone will benefit from learning and interacting with the student. I'm hoping that we can take fourth and fifth-year students too!

I have learned about planning for the student and learned to adapt my plan around the experience of the student. Acting as a supervisor for a student became part of my own Professional Development Plan, and it was great to get the recognition at work for this. I feel the experience helped me further develop my people-management and planning skills. I found it challenging at times to spend time with the student when the pharmacy was very busy, but having a plan in



place helped us both to manage these busy times, so the student could still learn even though I was occupied.

I feel having the student here made me refresh my approach in my interactions with patients and customers.

What is APPEL?

APPEL (Affiliation for Pharmacy Practice Experiential Learning) is a unique collaboration between University College Cork (UCC), the Royal College of Surgeons in Ireland (RCSI) and Trinity College Dublin (TCD). It was established to manage, centralise and streamline the experiential learning placements of the three Schools of Pharmacy in Ireland. APPEL offers placement providers a single point of contact and a source of expertise in relation to pharmacy placements.

What is the New Programme?

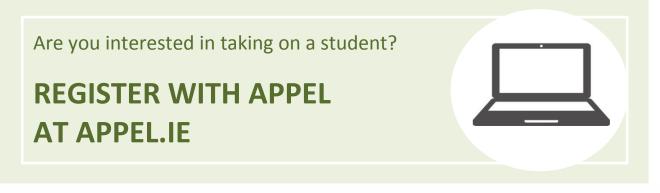
A new model of pharmacy education was introduced in September 2015. Pharmacy graduates now undertake a fully integrated programme which includes placements in a breadth of practice settings throughout the five years of their education.

This early practical and dispersed experience helps students to contextualise the theory they learn in their School of Pharmacy. Experiential learning throughout the integrated pharmacy programme provides students with the skills necessary to meet the demands of the future healthcare environment. Practice placements in community and hospital pharmacy will support students to develop the clinical skills and behaviours required to provide optimal patient care in accordance with evolving pharmacy practice.

Placement	Duration	Setting
2 nd Year	2 weeks (or equivalent)	Patient Facing setting
4 th Year	4 month placement	Patient Facing and Non-Patient Facing setting
5 th Year	8 month placement	Patient Facing setting

What Opportunities does the New Programme provide to Pharmacists?

Training a student offers excellent CPD opportunities, including learning through teaching, peernetworking at APPEL events, learning from students, and developing Core Competencies including leadership skills and human resources management skills.



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